

The View from here ...



Making a difference in the lives of seniors

With more housing and care options than ever before, the changing face of NHT brings a new vibrancy to the corner of Bloor Street West and Dufferin.

We have a big white wall on the North West side of the building that is in need of a facelift. We are looking to improve “the view from here” by having a local artist paint a wall mural. This will not only beautify the building, but also the community.

We have put out a call for interested artists in the area. We are looking for homegrown talent to submit their mural ideas and we will have NHT residents select which option they like best. The nominated artist will receive a generous honorarium and will have their work proudly displayed just off of Bloor Street. This is a great way to showcase local talent and yet another way we are connecting with our Bloordale Village community.

For more information please contact Lindsay O'Brien at 416-536-6111 • Lindsay.O'Brien@newhorizontower.com.

New Horizons TOWER



*On behalf of me and my sister, a quick note to express our thanks to everyone at New Horizons whose efforts have eased my mother's transition to her new home – we couldn't have asked for more in terms of the professionalism, helpfulness and positive outlook of all the staff we've dealt with.
warm regards, Dan*

Come Join the Action!

JULY

**1st - Canada Day Celebration
23rd/24th - Big on Bloor Festival**

AUGUST

**10th - RIO Olympics Celebration
26th - Terrace BBQ**

SEPTEMBER

7th - Shaya Petroff Piano Concert

Contact Us:

**New Horizons Tower
1140 Bloor Street West • 416-536-6111
www.NewHorizonsTower.com**

**Take our Virtual Tour
<http://goo.gl/maps/481P>**



New Horizons

TOWER

NHT NEWS & VIEWS

Join the Action • 1140 Bloor Street West



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Summer Afternoon
Summer afternoon – to me
those have always been the
two most beautiful words in
the English language.

HENRY JAMES



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Soak up the Summer fun at NHT!

It's time to soak up the sun and revel in the long days and good weather. NHT residents enjoy this time of year by strolling through Bloordale Village, exploring the cafés and checking out Dufferin Grove's Farmers' market. Here at NHT we have lots of fun summer events and activities planned. Come Join the Action at our annual Canada Day Celebration and Terrace BBQ.

New Horizons Tower Highlights



Hands on Exotics returns to NHT ... Hands on Exotics are regular guests at New Horizons Tower. Hands on Exotics have been creating a therapeutic and educational experiences for residents since 2013. They are a Toronto animal shelter that focusses on the care of exotic animals that have been abandoned by their previous owners or seized by the SPCA. This year Hands on Exotics allowed residents to interact with an opossum, a python, parrots, skunks and a tortoise. The continuing education that Hands on Exotics provide NHT residents is always welcome and much appreciated.



Exploring Dufferin Grove ... When in nature we enter a state of reverie. At NHT, we are lucky to be close to many green spaces and have so many beautiful gardens at our fingertips. Dufferin Grove Park is located just east of New Horizons Tower and is a beautiful park with lots of walking paths, benches and trees. Every Thursday, all year round, there is a farmers' market. Residents can visit the market, connect with their community and see what produce, jams, honey and flowers are being sold by local vendors.



Destination High Park ... The best part of summer is being outdoors. We take advantage of the good weather by planning trips to great outdoor locations such as High Park. NHT is located a short drive from one of the biggest parks in the city. Known for its cherry blossoms, zoo and many walking paths, High Park is a popular destination for NHT. Residents walk along Grenadier Pond or relax in one of the many designated picnic areas. One of the many highlights of High Park is taking the trackless train for a 30-minute scenic ride through the park.



Sunday Classics ... One Sunday a month NHT residents, Becky and Jean, select a classic film to showcase in the Heritage Lounge. Some of the titles they have screened include: The Magic Flute, The Inn of the Sixth Happiness and La Traviata. These classic films range from operas to musicals to theatre performances. Sunday Classics, a popular resident-run activity brings people together for the love of film. Thank you Becky and Jean for reminding us all why we fell in love with classic cinema!

NHT Celebrates CANADA



NEW HORIZONS TOWER CELEBRATES
CANADA DAY

FRIDAY JULY 1, 2016 • 12 - 2 p.m.

Meet You Under The Big Tent • Rear Parking Lot

Come join us as we show our national pride by celebrating Canada Day under the big tent at NHT. Enjoy a BBQ lunch, and fun activities for the young and young at heart. From face painting, games, musician, photo booth, and prizes there is something for everyone! Bring the grandkids!

Come Join the Action!