

# New Horizons

TOWER

*NHT NEWS & VIEWS*

*Join the Action • 1140 Bloor Street West*

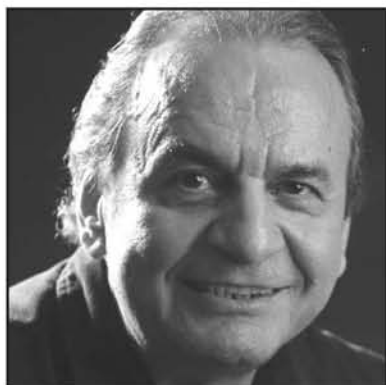


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## **Grand Re-Opening to Rave Reviews**

NHT marked its Grand Re-Opening by hosting a special dinner showcasing the new Bloor Street Dining Room, lounges and newly renovated suites. Dinner was followed by an exceptional concert. The Toronto Youth Wind Orchestra performed to the delight of all in attendance. Mr. & Mrs. David Alexander were honoured as founding members who carried the vision forward for this senior community.

# New Horizons Tower Support Team



**Facility Services Team Leader, Walter Kohut** Who is a perfect fit for NHT's building maintenance? A 'local boy' living in Bloordale Village for the past 38 years, just 5 minutes away as a do-it-yourselfer in a 100 year old house! Meet Walter who loves everything about his job and knows every inch of NHT. In addition he shows tremendous respect for residents. "I know they were 'something' in their career days, as managers, bankers, artists and I realize how important it is to take the time to listen ... when we get to this age, we will want someone to listen to us." As an elder at the Church, Walter has been providing the messages for the outdoor notice board for the past 12 years. 'You show people how you serve God by serving people' - this is another great message - thanks Walter, NHT is twiced blessed with you on staff!

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**Dining Services Supervisor, Mary Da Rocha** Truly the hostess with the mostess, Mary brings her outgoing, energetic and friendly personality to NHT's new Dining Room. With her bright smile, Mary greets residents and their guests and works with servers to make certain 'all is good' in the dining room. Taking care of residents and making sure that dining is a joyful experience is what keeps Mary going. She knows her residents and genuinely takes an interest in what is going on in their lives. Mary's ability to introduce new residents who share common interests, and personalities make dining at NHT a rewarding experience. Now with more choices than ever, residents are enjoying a new menu, new furniture, and a choice of seatings. The Bloor Street Dining Room is delightful these days ... Table for Two please and thanks Mary!

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**Marketing Coordinator, Ian Anderson** Ian thought his lifelong dream was to be a teacher, then he took a summer job at a retirement community and found his true calling. He discovered his love of games, bridge, music, piano; all interests he grew up with were not only an asset but a joy he could bring to both his daily life and those of residents. As NHT's marketing coordinator Ian is the first person families meet as they explore housing options. The joy for Ian comes when family visits become social with residents sharing special NHT dinners or concerts and grandchildren are excited to visit their nana in the 'hotel'! Multi-talented Ian has been playing the piano for the past 22 years, trained classically, he attributes his new repertoire to residents who have requested songs he now performs weekly. Ian continues to make a difference in the lives of residents and families at NHT - play on Ian!

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**Life Enrichment Coordinator, Brianne Swart** Beautiful Brianne loves to laugh and have fun with residents. She attributes her role at NHT as a natural fit as she just wanted to help people and was close to her own grandparents and family. Brianne finds that enriching lives of residents by introducing them to something new is most rewarding. With a Degree in Gerontology from Laurentian, a Diploma in Activation Co-ordinator/Gerontology from George Brown, Brianne continues her knowledge and education by currently studying for her Certificate in Retirement Communities Management at Centennial College. Twice a week she leads the Fun Fit exercise class to 50's, 60's and 70's music. Talk about fun, Brianne gets to see those huge smiles and hear how much better residents feel after their workout! Now that's life enriched! Thanks Brianne we could not do this without you!

# Introducing NHT's fresh new face ....

On Thursday May 10, 2012 New Horizons Tower celebrated a new vision. Residents, family, and the Board of Directors, together with MP Andrew Cash and NHT's new management team celebrated in comfort and style the recent renovations. Residents and families were acknowledged for their encouragement and support received throughout the extensive renovations to their new home. New residents were congratulated for having the vision to see beyond the construction and choose NHT as their new home. Staff was recognized for taking excellent care of residents in uncertain times, and keeping programs active in a constantly changing space. Ken Sweatman's leadership and management team were accredited with developing and maintaining the vision while serving with calm demeanour and resolve. The Board of Directors; all members of Dovercourt Baptist Church were thanked for their critical decision making and providing active oversight. Mr. Alexander was acknowledged in particular for his vision, strategic thinking, as a life long member of Dovercourt Baptist Church and founding President and Chair of Christie Gardens Board. MP Andrew Cash congratulated NHT on their strong sense of community. Renovations continue on Floor Eleven as NHT just keeps getting better!



“The recent renovations have been a big change, it is all very beautiful and I am proud to call this home.

LUIS, NHT Resident”



## Celebrating the love of Family at NHT

Family Day marked the month of February as NHT residents and their families were treated to a special dinner served 'family style' in the new Bloor Street Dining Room. This delectable dinner featured cream of leek soup, your choice of Portuguese style baked cod fillet or roast pork medallions, fresh vegetables, complete with homemade chocolate cake with spiced vanilla sauce! Following this family feast, NHT's resident musician Mary Kuzyk, performed at a special concert. Mary awed her fellow residents with a stunning rendition of Ava Maria on her mandolin. As Concert Master for the Toronto Mandolin Orchestra, Mary continues to perform in and around the City. How fortunate we are to have this living legend in our family!



### *The View from here ...*

**It is my pleasure to share with you the view from here.** First and foremost I would like to thank all residents, family, and staff for your encouragement as we go through this journey. Just recently I came across some old photos; it was my look back at the 'before' shots similar to what one might see on a TV design program. To have witnessed this transformation from before to what I see today when I walk through those sliding front doors is somewhat of a 'miracle'! I am pleased to report in short order we are well on our way to achieving our goals towards operational excellence, value for money, and transforming NHT into a beautiful place to call home! I am very proud and offer my congratulations to you all. As I write this we continue renovations on Floor Eleven, and I am reminded what Robert Browning famously wrote 'Grow old along with me! The best is yet to be.'

*Ken Sweatman, Administrator*

## *New Horizons* TOWER

*Join the Action this  
summer at NHT*



## *Mark Your Calendar*

### **June 2012**

**Butterfly Conservatory  
Father's Day Terrace BBQ  
ROM Museum Highlights  
Friday Night at the Movies**

### **July 2012**

**NHT celebrates Canada Day  
NHT is Big on Bloor Festival  
NHT's Theatre lounge features  
Olympic Highlights**